

# Resolve



**Resolve is a juice-based drink with high levels of omega-3, vitamin D, whey protein, beta-glucans and polyphenols. Resolve is a food intended for individuals at risk of diabetes, cardiovascular disease and metabolic syndrome.**

The product is developed to address nutritional deficiencies associated with low-grade inflammation, insulin resistance and metabolic aberrations. Resolve contains betaglucans, soluble fibers extracted from oats. Betaglucans are known for their cholesterol-lowering effects, whereby they also contribute to reducing the risks for coronary heart disease. Moreover intake of betaglucans from oats contributes to reducing the rise in plasma glucose that normally follows a meal and thereby to the maintenance of normal blood glucose levels.

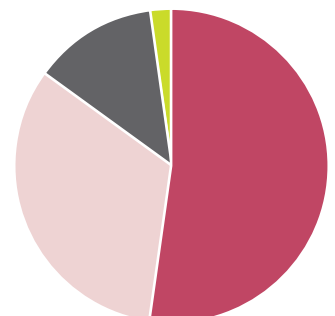
A supplement to the normal diet. Low in lactose and gluten free. Ready to drink. Available in raspberry flavour.

Nutritional content	100 ml	200 ml
<b>Energy</b>	427 kJ 102 kcal	854 kJ 204 kcal
<b>Fat (53 E%)</b> of which	6,0 g	12 g
- saturates	1,4 g	2,8 g
- mono-unsaturates	2,8 g	5,6 g
- polyunsaturates	1,6 g	3,2 g
-- omega-3 fatty acids	1400 mg	2800 mg
--- EPA *	472 mg	944 mg
--- DHA **	708 mg	1416 mg
<b>Carbohydrate (33 E%)</b> of which	8,4 g	17 g
- sugars	8,4 g	17 g
- lactose	<0,04 g	<0,08 g
<b>Fibre (2 E%)</b> of which	0,8 g	1,6 g
- beta-glucans	0,8 g	1,6 g
<b>Protein (12 E%)</b>	3,2 g	6,4 g
<b>Salt</b>	0 g	0 g
<b>Vitamin D<sub>3</sub></b>	5 µg	10 µg
<b>Vitamin E</b>	2,0 mg-α-TE	4,0 mg-α-TE
<b>Biotin</b>	0,6 µg	1,2 µg
<b>Sodium (Na)</b>	9,6 mg	19 mg
<b>Potassium (K)</b>	106 mg	211 mg
<b>Calcium (Ca)</b>	6,01 mg	12,0 mg
<b>Phosphorus (P)</b>	60,3 mg	121 mg
<b>Magnesium (Mg)</b>	5,38 mg	10,8 mg
<b>Iodine (I)</b>	33,8 µg	67,5 µg
<b>Osmolarity</b>		581 mOsmol/l
<b>Osmolality</b>		555 mOsmol/kg H <sub>2</sub> O

\* Eicosapentaenoic acid. \*\* Docosahexaenoic acid.  
The ratio between EPA og DHA varies naturally in fish oil.

### Energy distribution

- Fat .....53 E%
- Carbohydrates .....33 E%
- Protein.....12 E%
- Fiber..... 2 E%



**Important notice:** Not for parenteral use. Not suitable as a sole source of nutrition.

**Dosage:** 1-2 units per day, unless otherwise specified by a clinician or dietitian.

**Age groups:** Intended for adults and elderly from 18 years of age. Safe for children over 6 years of age.

**Precautions:** Resolve has a low lactose content and contains fish oil that is purified from fish protein. Contains whey protein concentrate from milk. Not to be used by patients with cow's milk allergy.

**Ingredients:** Juice 88 % (from concentrate of apple, pear, pomegranate, purple chokeberry), **whey** protein (from cow's **milk**), **fish** oil (from cod), beta-glucans (from gluten free **oat**), natural flavourings from raspberries and pink grapefruit, antioxidants (rosemary extract, tocopherol-rich extract), malic acid, cholecalciferol.

**Not added:** Sweeteners, salt, artificial flavourings, colours or preservatives. Contains naturally occurring sugars.

**Package:** 200 ml cartons. Single pack or in tray with 18 units.

**How to use:** Shake well before use. Ready to drink and best served chilled.

**Storage:** Store in room temperature (1-25°C), away from direct sunlight. Once opened, store in a refrigerator for a maximum of 24 hours.

**Production:** The fishoil is from sustainably managed fish stocks in Norway and is MSC certified.

**Regulatory status:** Resolve is a Food for Special Medical Purposes.

**Country of origin:** Sweden

**Smartfish AS:** The company has an extensive clinical trial program.

**For more information:** [www.smartfishnutrition.com](http://www.smartfishnutrition.com)  
Smartfish's formulations are patented. Smartfish is a registered trademark of Smartfish AS.

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**Gluten:** Gluten free

**Lactose:** Low in lactose

**Protein source:** Whey protein from milk

**Fat source:** Fish oil from cod

**Carbohydrate source:** Glucose and fructose from fruit

**Fibre source:** Beta-glucan from oat

**Produced by:**

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