

# Nutrifriend 1100



**Smartfish Nutrifriend 1100 is a food for special medical purposes for the dietary management of disease related malnutrition.**

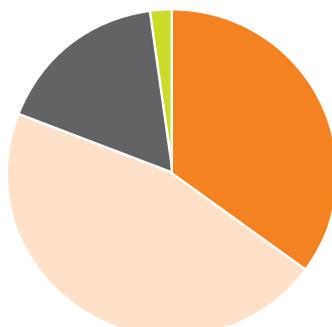
Nutrifriend 1100 aims to increase the intake of omega-3 fatty acids and vitamin D<sub>3</sub> together with energy and protein. Nutrifriend 1100 is suitable for patients with disease related malnutrition, who are not able to get sufficient amounts of these nutrients through their normal diet, such as patients with cancer, immune failure and inflammatory diseases.

A supplement for the normal diet or in combination with other complete oral nutrition supplements.

Low in lactose and gluten free. Ready to drink. Available in peach and tropical flavour.

## Energy distribution

- Fat .....35 E%
- Carbohydrate .....46 E%
- Protein .....17 E%
- Dietary fiber..... 2 E%



Nutritional content	100 ml	200 ml
<b>Energy</b>	450 kJ 108 kcal	901 kJ 215 kcal
<b>Fat (35 E%)</b>	4,2 g	8,5 g
of which		
- saturates	1,4 g	2,8 g
- mono-unsaturates	1,6 g	3,2 g
- polyunsaturates	1,1 g	2,2 g
-- omega-3 fatty acids	832 mg	1664 mg
--- EPA *	220 mg	440 mg
--- DHA **	320 mg	640 mg
<b>Carbohydrate (46 E%)</b>	12 g	25 g
of which		
- sugars	12 g	25 g
-- lactose	0,12 g	0,24 g
-- fructose	7,1 g	14,1 g
<b>Fibre (2 E%)</b>	1,1 g	2,2 g
<b>Protein (17 E%)</b>	4,5 g	8,9 g
<b>Salt</b>	0,03 g	0,05 g
<b>Vitamin A</b>	0 µg-RE	0 µg-RE
<b>Vitamin D<sub>3</sub></b>	5,0 µg	10,0 µg
<b>Vitamin E</b>	2,0 mg-α-TE	4,0 mg
<b>Vitamin K</b>	1,7 µg	3,4 µg
<b>Vitamin C</b>	0 mg	0 mg
<b>Thiamin</b>	0 mg	0 mg
<b>Riboflavin</b>	0 mg	0 mg
<b>Niacin</b>	0 mg-NE	0 mg-NE
<b>Vitamin B<sub>6</sub></b>	0 mg	0 mg
<b>Folic acid</b>	0 mg	0 mg
<b>Vitamin B<sub>12</sub></b>	0 µg	0 µg
<b>Biotin</b>	0,6 µg	1,2 µg
<b>Pantothenic acid</b>	0,0 mg	0,1 mg
<b>Sodium (Na)</b>	9,6 mg	19 mg
<b>Potassium (K)</b>	106 mg	211 mg
<b>Chloride (Cl)</b>	0 mg	0 mg
<b>Calcium (Ca)</b>	6,01 mg	12,0 mg
<b>Phosphorus (P)</b>	60,3 mg	121 mg
<b>Magnesium (Mg)</b>	5,38 mg	10,8 mg
<b>Iron (Fe)</b>	0 mg	0 mg
<b>Zinc (Zn)</b>	0 mg	0 mg
<b>Copper (Cu)</b>	0 mg	0 mg
<b>Iodine (I)</b>	33,8 µg	67,5 µg
<b>Selenium (se)</b>	0 µg	0 µg
<b>Manganese (Mn)</b>	0,0 µg	0,1 µg
<b>Chromium (Cr)</b>	0 µg	0 µg
<b>Molybdenum (Mo)</b>	0,0 µg	0,1 µg
<b>Fluoride (F)</b>	0 µg	0 µg
<b>Osmolarity</b>		659 mOsm/l
<b>Osmolality</b>		625 mOsm/kg H <sub>2</sub> O

\* Eicosapentaenoic acid. \*\* Docosahexaenoic acid.  
The ratio between EPA og DHA varies naturally in fish oil.

**Indication:** Smartfish Nutrifriend 1100 is a food for special medical purposes for the dietary management of disease related malnutrition.

**Important notice:** Must be used under medical supervision. Not for parenteral use. Not suitable as a sole source of nutrition.

**Dosage:** 1-3 units per day, unless otherwise specified by a clinician or dietitian.

**Age groups:** Suitable for children from 3 years of age, adults and elderly. Not suitable for children under 3 years of age. Use with caution in children aged 3 to 6 years as recommended by a clinician or dietitian.

**Precautions:** Smartfish Nutrifriend 1100 has a low lactose content and contains fish oil that is purified from fish protein. It contains whey protein concentrate from milk. Not to be used by patients with cows milk allergy.

**Ingredients in Nutrifriend 1100:** Juice (91 %) (from concentrate of apple pear, pomegranate, purple chokeberry), **fish** oil (cod), **whey** protein concentrate (from cow's **milk**), stabiliser (pectin), natural flavour, antioxidants (rosemary extract, tocopherol-rich extract), cholecalciferol.

**Gluten:** Gluten free

**Lactose:** Low in lactose

**Protein source:** Whey protein concentrate

**Fat source:** Fish oil from cod

**Carbohydrate source:** Glucose and fructose from fruit

**Fibre source:** Pectin

**Not added:** Sweeteners, salt, colours or preservatives.

**How to use:** Shake well before use. Ready to drink and best served chilled.

**Shelf life at recommended storage conditions:** 14 months

**Packaging:** 200 ml cartons. Single packs or in a tray with 18 units.

**Storage:** Store in room temperature (1-25°C), away from direct sunlight. Once opened, store in a refrigerator for a maximum of 24 hours.

**Production:** The fish oil is harvested from cod, certified Good Manufacturing Practice (GMP) and Kosher.

**Country of origin:** Sweden

**Regulatory status:** Smartfish Nutrifriend is a Food for Special Medical Purposes.

**Smartfish AS:** The company has an extensive clinical trial programme.

**For more information:** [www.smartfishnutrition.com](http://www.smartfishnutrition.com)  
Smartfishs formulations are patented. Smartfish is a registered trademark of Smartfish AS.

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